CLINTON PUBLIC SCHOOL DISTRICT Full Price 2.50

DEPARTMENT OF CHILD NUTRITION Reduced .40

 **LOVETT LUNCH MENU**  Adult 3.25

| Monday | Tuesday | Wednesday | Thursday | Friday |
| --- | --- | --- | --- | --- |
| February 2014  **\*All meals provide 600-650 calories and less than 10% saturated fat.\*** |
|   |   |   |   |  |
| **3** BBQ Rib Sandwich-CHOICES-Baked BeansPotato WedgesGarden Salad w/dressing\*Peach CupBlushing Chilled Pears\*\*Grab-n-Go\*\*Ham/Cheese Sandwich w/chipsCelery Sticks w/dip\*Variety of Milk | **4** Taco SoupWG Cornbread or Tortilla Chips-CHOICES-\*Baby Carrots w/dipGarden Salad w/ Dressing\*Fresh Red Apple WedgesAssorted Fruit Juices\*Variety of Milk**\*Grab-n-Go**Turkey/Cheese Sandwich  | **5** Steak FingersWhole Wheat Roll -CHOICES-Mashed PotatoesGreen Peas\*Fresh Orange WedgesStrawberry Fruited Gelatin\*\*Grab-n-Go\*\*Ham/Cheese LunchableBaby Carrots w/dipGoldfish Giant Graham orEntrée Salad (manager’s choice)\*Variety of Milk | **6** Huntington ChickenWhole Wheat Roll-CHOICES-Green Beans\*Carrot/Celery/Cucumber w/dip\*Fresh GrapesApricot Cup\*\*Grab-n-Go\*\*Turkey/Cheese Wrap w/chips\*Variety of Milk | **7** Pepperoni Pizza -CHOICES-Sweet Potato Crispy Fries Whole Kernel Corn\*Granny Smith Apple WedgesStrawberry Cup\*\*Grab-n-Go\*\*Chef SaladBaby Carrots w/dipEntrée Salad (manager’s choice)\*Variety of Milk |
| **10** Corn Dog Nuggets-CHOICES-Baked Beans\*Celery Sticks w/dipRosey Applesauce\*Peach Cup\*\*Grab-n-Go\*\*Ham/Cheese Sandwich w/chips\*Variety of Milk | **11** Philly Chicken Sandwich -CHOICES-Sweet Potato Crispy FriesGarden Salad w/dressingPineapple TidbitsFresh Red Apple Wedges\*\*Grab-n-Go\*\*.Turkey/Cheese SandwichRaw Veggies w/dip\*Variety of Milk | **12** Spaghetti w/meat sauceGarlic Texas Toast-CHOICES-Green Beans\*Baby Carrots w/dip\*Granny Smith Apple WedgesStrawberry Fruited Gelatin\*\*Grab-n-Go\*\*Ham/Cheese Lunchable orEntrée Salad (manager’s choice)\*Variety of Milk | **13** Oven-fried ChickenSouthern CornbreadSouthern GreensSteamed Carrots Strawberry Cup\*Fresh Orange Wedges\*\*Grab-n-Go\*\*Turkey/Cheese Wrap w/chipsCarrot/Celery/Cucumber w/dip\*Variety of Milk | **14** Cheese Pizza-CHOICES-Whole Kernel CornGarden Salad w/dressingBlushing Chilled Pears\*Fresh Grapes\*Chocolate Chip Cookie\*\*Grab-n-Go\*\*Chef Salad or Entrée Salad (manager’s choice)Baby Carrots w/dip\*Variety of Milk |
| **17** Hot Dog -CHOICES-Baked BeansGarden Salad w/dressing\*Strawberry CupAssorted Fruit Juice\*\*Grab-n-Go\*\*Ham/Cheese Sandwich w/chipsCelery Sticks w/dip\*Variety of Milk | **18** Spicy Chicken Patty Sandwich -CHOICES-Sweet Potato Crispy FriesGarden Salad w/dressing\*Granny Smith Apple WedgesStrawberry Fruited Gelatin\*\*Grab-n-Go\*\*Turkey/Cheese SandwichRaw Veggies w/dip\*Variety of Milk | **19** Hamburger Pie TotsWhole Wheat Roll -CHOICES-Green Beans\*Baby Carrots w/dip\*Fresh Orange WedgesBlushing Chilled Pears\*\*Grab-n-Go\*\*Ham/Cheese Lunchable orEntrée Salad (manager’s choice)\*Variety of Milk | **20** Fish Nuggets Whole Wheat Roll -CHOICES-Mashed PotatoesGreen Peas\*Fresh GrapesApricot Cup\*\*Grab-n-Go\*\*Turkey/Cheese Wrap w/chipsCarrot/Celery/Cucumber w/dip\*Variety of Milk | **21** Stromboli Supreme-CHOICES-Whole Kernel CornTossed Salad w/dressing\*Baby Carrots w/dipPeach CupFresh Red Apple Wedges\*\*Grab-n-Go\*\*Chef Salad orEntrée Salad (manager’s choice)\*Variety of Milk |
| **24** Hamburger/Cheeseburger-CHOICES-French Fries\*Celery Sticks w/dipBlushing Pears\*Fresh Orange Wedges\*\*Grab-n-Go\*\*Ham/Cheese Sandwich w/chips\*Variety of Milk | **25** Red Beans/Rice w/sausageWhole Wheat Roll-CHOICES-Green Beans\*Raw Veggies w/dip\*Fresh Red Apple WedgesAssorted Fruit Juice\*\*Grab-n-Go\*\*Turkey/Cheese Sandwich\*Variety of Milk | **26** Chicken NuggetsWhole Wheat Roll-CHOICES-Baked BeansCheesy BroccoliPineapple Tidbits\*Strawberry Cup\*\*Grab-n-Go\*\*Ham/Cheese Lunchable orEntrée Salad (manager’s choice)Baby Carrots w/dip\*Variety of Milk | **27** Nacho Grande-CHOICES-Whole Kernel CornBaby Carrots w/dipRosey Applesauce\*Fresh Grapes\*\*Grab-n-Go\*\*Turkey/Cheese Wrap w/chipsCarrot/Celery/Cucumber w/dip\*Variety of Milk | **28** Cheese Pizza-CHOICES-Sweet Potato Crispy FriesTossed Salad w/dressing\*Granny Smith Apple WedgesStrawberry Fruited Gelatin\*Brownies\*\*Grab-n-Go\*\*Chef Salad or Entrée Salad (manager’s choice)Baby Carrots w/dip\*Variety of Milk |

Students are encouraged to select five components: fruit, vegetable, grain, meat/meat alternative and milk. However students are only required to select three components with one being a fruit or vegetable.

**\*Included in Grab-n-Go meal**. Milk served daily: fat-free chocolate and fat-free strawberry milk, 1% milk and skim milk Menu subject to change due to unforeseen circumstances.

\*\*\*This agency is an Equal Opportunity Provider and Employer.\*\*\*