CLINTON PUBLIC SCHOOL DISTRICT Full Price 2.50

DEPARTMENT OF CHILD NUTRITION Reduced .40

**LOVETT LUNCH MENU**  Adult 3.25

| Monday | Tuesday | Wednesday | Thursday | Friday |
| --- | --- | --- | --- | --- |
| February 2014  **\*All meals provide 600-650 calories and less than 10% saturated fat.\*** | | | | |
|  |  |  |  |  |
| **3** BBQ Rib Sandwich  -CHOICES-  Baked Beans  Potato Wedges  Garden Salad w/dressing  \*Peach Cup  Blushing Chilled Pears  \*\*Grab-n-Go\*\*  Ham/Cheese Sandwich w/chips  Celery Sticks w/dip  \*Variety of Milk | **4** Taco Soup  WG Cornbread or Tortilla Chips  -CHOICES-  \*Baby Carrots w/dip  Garden Salad w/ Dressing  \*Fresh Red Apple Wedges  Assorted Fruit Juices  \*Variety of Milk  **\*Grab-n-Go**  Turkey/Cheese Sandwich | **5** Steak Fingers  Whole Wheat Roll  -CHOICES-  Mashed Potatoes  Green Peas  \*Fresh Orange Wedges  Strawberry Fruited Gelatin  \*\*Grab-n-Go\*\*  Ham/Cheese Lunchable  Baby Carrots w/dip  Goldfish Giant Graham or  Entrée Salad (manager’s choice)  \*Variety of Milk | **6** Huntington Chicken  Whole Wheat Roll  -CHOICES-  Green Beans  \*Carrot/Celery/Cucumber w/dip  \*Fresh Grapes  Apricot Cup  \*\*Grab-n-Go\*\*  Turkey/Cheese Wrap w/chips  \*Variety of Milk | **7** Pepperoni Pizza  -CHOICES-  Sweet Potato Crispy Fries  Whole Kernel Corn  \*Granny Smith Apple Wedges  Strawberry Cup  \*\*Grab-n-Go\*\*  Chef Salad  Baby Carrots w/dip  Entrée Salad (manager’s choice)  \*Variety of Milk |
| **10** Corn Dog Nuggets  -CHOICES-  Baked Beans  \*Celery Sticks w/dip  Rosey Applesauce  \*Peach Cup  \*\*Grab-n-Go\*\*  Ham/Cheese Sandwich w/chips  \*Variety of Milk | **11** Philly Chicken Sandwich  -CHOICES-  Sweet Potato Crispy Fries  Garden Salad w/dressing  Pineapple Tidbits  Fresh Red Apple Wedges  \*\*Grab-n-Go\*\*.  Turkey/Cheese Sandwich  Raw Veggies w/dip  \*Variety of Milk | **12** Spaghetti w/meat sauce  Garlic Texas Toast  -CHOICES-  Green Beans  \*Baby Carrots w/dip  \*Granny Smith Apple Wedges  Strawberry Fruited Gelatin  \*\*Grab-n-Go\*\*  Ham/Cheese Lunchable or  Entrée Salad (manager’s choice)  \*Variety of Milk | **13** Oven-fried Chicken  Southern Cornbread  Southern Greens  Steamed Carrots  Strawberry Cup  \*Fresh Orange Wedges  \*\*Grab-n-Go\*\*  Turkey/Cheese Wrap w/chips  Carrot/Celery/Cucumber w/dip  \*Variety of Milk | **14** Cheese Pizza  -CHOICES-  Whole Kernel Corn  Garden Salad w/dressing  Blushing Chilled Pears  \*Fresh Grapes  \*Chocolate Chip Cookie  \*\*Grab-n-Go\*\*  Chef Salad or  Entrée Salad (manager’s choice)  Baby Carrots w/dip  \*Variety of Milk |
| **17** Hot Dog  -CHOICES-  Baked Beans  Garden Salad w/dressing  \*Strawberry Cup  Assorted Fruit Juice  \*\*Grab-n-Go\*\*  Ham/Cheese Sandwich w/chips  Celery Sticks w/dip  \*Variety of Milk | **18** Spicy Chicken Patty Sandwich  -CHOICES-  Sweet Potato Crispy Fries  Garden Salad w/dressing  \*Granny Smith Apple Wedges  Strawberry Fruited Gelatin  \*\*Grab-n-Go\*\*  Turkey/Cheese Sandwich  Raw Veggies w/dip  \*Variety of Milk | **19** Hamburger Pie Tots  Whole Wheat Roll  -CHOICES-  Green Beans  \*Baby Carrots w/dip  \*Fresh Orange Wedges  Blushing Chilled Pears  \*\*Grab-n-Go\*\*  Ham/Cheese Lunchable or  Entrée Salad (manager’s choice)  \*Variety of Milk | **20** Fish Nuggets  Whole Wheat Roll  -CHOICES-  Mashed Potatoes  Green Peas  \*Fresh Grapes  Apricot Cup  \*\*Grab-n-Go\*\*  Turkey/Cheese Wrap w/chips  Carrot/Celery/Cucumber w/dip  \*Variety of Milk | **21** Stromboli Supreme  -CHOICES-  Whole Kernel Corn  Tossed Salad w/dressing  \*Baby Carrots w/dip  Peach Cup  Fresh Red Apple Wedges  \*\*Grab-n-Go\*\*  Chef Salad or  Entrée Salad (manager’s choice)  \*Variety of Milk |
| **24** Hamburger/Cheeseburger  -CHOICES-  French Fries  \*Celery Sticks w/dip  Blushing Pears  \*Fresh Orange Wedges  \*\*Grab-n-Go\*\*  Ham/Cheese Sandwich w/chips  \*Variety of Milk | **25** Red Beans/Rice w/sausage  Whole Wheat Roll  -CHOICES-  Green Beans  \*Raw Veggies w/dip  \*Fresh Red Apple Wedges  Assorted Fruit Juice  \*\*Grab-n-Go\*\*  Turkey/Cheese Sandwich  \*Variety of Milk | **26** Chicken Nuggets  Whole Wheat Roll  -CHOICES-  Baked Beans  Cheesy Broccoli  Pineapple Tidbits  \*Strawberry Cup  \*\*Grab-n-Go\*\*  Ham/Cheese Lunchable or  Entrée Salad (manager’s choice)  Baby Carrots w/dip  \*Variety of Milk | **27** Nacho Grande  -CHOICES-  Whole Kernel Corn  Baby Carrots w/dip  Rosey Applesauce  \*Fresh Grapes  \*\*Grab-n-Go\*\*  Turkey/Cheese Wrap w/chips  Carrot/Celery/Cucumber w/dip  \*Variety of Milk | **28** Cheese Pizza  -CHOICES-  Sweet Potato Crispy Fries  Tossed Salad w/dressing  \*Granny Smith Apple Wedges  Strawberry Fruited Gelatin  \*Brownies  \*\*Grab-n-Go\*\*  Chef Salad or  Entrée Salad (manager’s choice)  Baby Carrots w/dip  \*Variety of Milk |

Students are encouraged to select five components: fruit, vegetable, grain, meat/meat alternative and milk. However students are only required to select three components with one being a fruit or vegetable.

**\*Included in Grab-n-Go meal**. Milk served daily: fat-free chocolate and fat-free strawberry milk, 1% milk and skim milk Menu subject to change due to unforeseen circumstances.

\*\*\*This agency is an Equal Opportunity Provider and Employer.\*\*\*